

# PLANNING FOR FAMILIES, CHILDREN AND CHILD CARE

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# Multi-generational planning means...

- Communities for all of us, offering
  - ▣ Range of choices (housing, transportation, etc.) to fit residents' needs, whether elderly or families with children
    - Note that needs may change (e.g. 65 vs 90 yr old)
  - ▣ Facilities and services for those needing additional or specific supports
    - Similar unique dependency of elderly and families with young children: physical access challenges, care needs

# Advocacy issues

- Older adults are better advocates for our issues than are families with young children (due to time, resources)
- While “senior tsunami” is real and grabbing attention (‘Boomers are us’), current numbers of children are much larger per age cohort than are seniors
  - ▣ 4 million per year of age <20 yrs. versus 1 million 65+
  - ▣ And existing needs of children are not being met
- “Communities for All Ages” approach— promotes collective responsibility for well-being of all residents, addressing critical needs rather than competing for services

# Family-friendly communities

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## Components:

- ❑ Affordable housing options
- ❑ Transportation options & walkable neighborhoods with convenient services
- ❑ Parks
- ❑ Safe neighborhoods
- ❑ Quality schools
- ❑ Child care
- ❑ And more...

# Integrating child care facilities with community development

- Linking home, transportation mode, workplace for parents
  - ▣ Ideally, child care options at/near each
- Must be accessible to families, e.g. not walkable distance for healthy adult
- Mixed-use, transit-oriented (TOD) and walkable communities planning is particularly important to both young families and older adults

San Jose



Redwood City

**Affordable housing or mixed-use developments with child care centers at/near public transit (bus and/or commuter rail)**



Oakland

# Intergenerational care facilities & services

- Collocated day and/or residential care facilities increasingly common for operational reasons and for benefits to children & elderly
- Interaction between generations found to have immediate and long-term health and social benefits for both groups

*“Somehow we have to get older people back close to growing children if we are to restore a sense of community, a knowledge of the past, and a sense of the future.”*

~ Margaret Mead

# Collocated facilities/services for elderly and children

- Lemoore, Ca. (rural) Generations Project:
  - ▣ Adult day care program for 10 elderly/disabled adults: daily supports, rec & social activities, plus deliver meals to seniors in the community
  - ▣ Head Start preschool for 52 low-income children, plus medical, dental, immunizations, vision/hearing screenings

City-owned building renovated with redevelopment & state CDBG funds



# Collocated facilities/services for elderly and children (cont'd)

- ONEgeneration, Van Nuys, Ca. operates:
  - ▣ Child & adult day care in shared site; structured joint activities daily that benefit both age groups
  - ▣ Senior Enrichment Center, 4 Dining Centers, home care management/services, transportation, senior volunteers, grocery shopping & farmers market



# Integrated Care Communities

14315 Nason Street Moreno Valley, CA 92555

Call Toll Free: (866) 391-8742

Adult Day Healthcare • Assisted Living Residences • Child Development Center • Home Healthcare • Skilled Nursing

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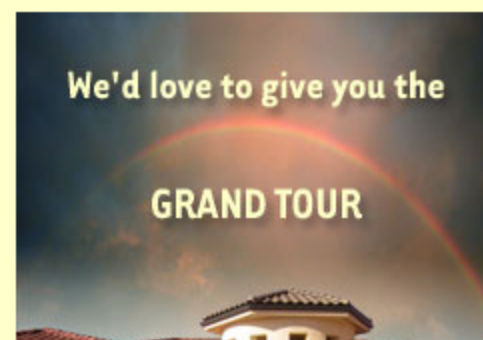
Links



Located on the grounds of the Riverside County Regional Medical Center in a unique public-private partnership model, Integrated Care Communities provides the citizens of Riverside County and the Inland Empire a complete continuum of care.

ICARE provides a single source for:

- [Adult Day Healthcare](#)
  - Wellness Center
- [Assisted Living Residences](#)
  - Wellness Center
- [ICARE Home Healthcare](#)
- [Jan Peterson Child Development Center](#)
- [Skilled Nursing](#)



BRODIAEA AVENUE



NASON STREET

EAST HOSPITAL

# Affordable senior housing with child care

Riverview Housing

Sacramento, CA Redevelopment  
Agency

Child care center  
with 2<sup>nd</sup> floor roof playground



# Grandparents raising grandchildren:

Ranges from providing part-time to full-time child day care to full 24/7 responsibility

- More than 6 million children were being raised in households headed by grandparents and other relatives.
- 2.5 million children were in grandparent-headed households without any parents present
- 29% of these grandparents were over the age of 60.
- 19% of these grandparents lived in poverty.

(U.S. Census data 2000)

# Grandparents raising grandchildren

- Concerns about quality of life & health of older adults as well as their ability to meet children's needs, provide quality environments (soc/emot/phys)
- Need for supports (financial to respite care)
  - ▣ Program example - Riverside Co., Ca. Office on Aging's Grandparents Raising Grandchildren
    - Pays for full-time or respite child care (depending on work needs) for low/moderate income seniors 50 yrs+ caring for children birth-5 yrs

# Roles for planners?

- Learn about implementing family-friendly strategies; 56% of planners said they were unaware of what is required to begin F-F initiatives (APA survey)
- Re-frame the needs of families, and their value to communities to:
  - ▣ Justify cost of facilities/services needed
  - ▣ Counter NIMBYism
- Increase representation of needs of parents & youth through non-traditional means

# Resources

- **APA & Cornell, Planning for Family Friendly Communities project and publications**

[http://government.cce.cornell.edu/doc/reports/childcare/planning\\_ffc.asp](http://government.cce.cornell.edu/doc/reports/childcare/planning_ffc.asp)

- **Communities for All Ages** [www.communitiesforallages.org](http://www.communitiesforallages.org)
- **Generations United** [www.gu.org](http://www.gu.org)
- **AARP livable communities and grandparent projects**
- **Anderson, K. *Planning for Child Care in California*, Solano Press Books, 2006**
- **Local Investment in Child Care (LINCC)** [www.lincc-childcare.com](http://www.lincc-childcare.com)